**Tammy Palmer** is the Public Information Officer for the Onondaga County Resource Recovery Agency (OCRRA). She serves as the spokesperson for the agency and shares OCRRA's philosophy, goals and programs with the local community. In addition to public relations, she also handles OCRRA's traditional and digital marketing efforts, social media, email communications, website management, and the production of a quarterly newsletter (print).

Palmer spent more than two decades sharing important information with Central New Yorkers as a television news anchor and reporter. Her work earned multiple Syracuse Press Club Awards, an Edward R. Murrow Award, and Emmy nominations. She has shared her experience with aspiring broadcasters for several years as a college instructor, initially at Onondaga Community College. In 2022, Palmer was invited to teach incoming students for Syracuse University's broadcast and digital journalism master's program. As an occasional host of WCNY's Built to Serve, Palmer explores the challenges facing local families and the non-profit agencies working to serve their needs.

Born and raised in Central New York, Palmer earned a degree in communications studies from SUNY Oswego.